

MOUNT MERU 5 DAYS

Thank you for choosing Viva Africa Tours. As per your request, we have provided a schedule for your trek. Please go through the following itinerary, and if you have questions, please do not hesitate to contact us via email or phone.

This hike to the peak of Mount Meru is completed in three days. Situated at the heart of the Arusha National Park, Mount Meru overlooks the spectacular plains of the savannah. Meru was sculpted into its distinctive shape thousands of years ago when a volcanic blast destroyed an immense bulk of the eastward flank of the mountain. The fertile slopes are home to a vast range of wildlife. The climb to the summit alongside the volcanic caldera doesn't require an athlete or an extreme alpinist but you should be in relatively good shape. Mount Meru climbing entails steep slopes, it can be challenging but you won't regret conquering it. The enchanting view and diverse wildlife of Kilimanjaro's little brother make this the ideal trek for an adventurous thrill seeker.

Itinerary

Day 1: Kilimanjaro Airport to Moshi

We will arrange for a driver to bring you from the airport to your hotel. Orientation regarding your trek will take place at the hotel. Your guides will provide information about the trek and perform a comprehensive inspection of your gear. They will also clarify any further questions.

Day 2: Moshi to Miriakamba Hut

We will depart from the hotel in Moshi in the morning. Our expedition begins with a drive to Arusha National Park which takes approximately one hour. The lively vegetation in the park is extremely versatile. The infamous film Hartari starring Hollywood's Hardy Kruger and John Wayne was shot in the park. Once we have completed the necessary park formalities, our trek will officially commence close to the Ngarenanyuki River. Our first waypoint is the Miriakamba. You will be accompanied by an armed ranger and a professional mountain guide throughout the duration of the walk. During the walk you will encounter a vast amount of wildlife including buffalo, waterbucks, giraffes, warthogs, zebras and gazelles. Your guide will identify the different bird species you come across. There is a possibility that you will see leopards or elephants but they tend to be more reserved compared to the ones in the Serengeti. We will stop at the Miriakamba Hut where we will spend the night and enjoy an appetising dinner.

Day 3: Miriakamba Hut to Saddle Hut

We will start the day with an energy dense breakfast and then we will follow the steep path to the Saddle Hut.



Viva Africa Tours | P.O.Box 7292 | Moshi, Kilimanjaro, Tanzania

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The trek to little Meru can be completed once you arrive at the Saddle Hut. We will return to the Saddle hut and have dinner. Due to the fact that you will wake up at midnight to hike to the summit of Mount Meru, it is recommended that you attempt to fall asleep shortly after dinner.

Day 4: Saddle Hut to Momela Gate

We will begin the final leg of our journey to the peak of Mount Meru around midnight. Your headlamp will assist you in the early hours of the hike. Reaching the summit is the most difficult part of the journey due to the fact that the trail is exceedingly steep. We have allocated some time for photos and a moment to comprehend what you have achieved. The scenic view of the mountains as you descend to the Momela Gate is simply mesmerizing. We will briefly stop at the Saddle hut for lunch. The final hours of our journey will be spent trekking to the Momela Gate. You will have a chance to hike amid the Meru cloud forest. This trail tends to be slippery so it is important to step consciously. A Viva Africa Tours vehicle will transport you from the Momela gate back to where you began. You will have the opportunity to purchase sodas and Mount Meru climbing shirts to prove that you conquered the trek.

Day 5: Moshi to Kilimanjaro Airport

A driver will bring you to Kilimanjaro Airport, from where you will connect your flight. If you've signed up for a safari or Zanzibar beach holiday – well, that's a different adventure and we'll be happy to take of it for you!

Included

- Airport transfer
- Transport from/to park gate
- Pre and post climb accommodation (B&B) in Moshi
- Park, hut accommodation and rescue fees
- Professional English speaking guide(s); porters & cook
- 4 breakfasts; 3 lunches; 2 dinners
- Water; tea and coffee with meals

Not Included

- Flights
- Lunch and dinner in Moshi
- Travel insurance
- Visa and passport fees
- Raise of park fees
- Personal equipment
- Sleeping bag
- Tips for guide(s), porters & cook
- Soda and Alcoholic beverages



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Meru Climbing Gear

Packing your suitcase for Mount Meru can be a challenging task. However, the good news is that most of the equipment can be rented in Moshi. We advise that you check your wardrobe / trekking gear to ensure you have the necessary gear. If you do not, we advise you purchase the necessary equipment so that you can travel in optimum comfort to the summit of Mount Meru.

On the first day, you will need to wear light clothes, but on the day you summit Mount Meru you will need to wear winter clothes.

Packing Checklist for Meru



- Head torch
- Spare batteries
- Warm hat
- Sunglasses
- Sun hat
- Scarf or balaclava
- T shirt
- Thermals top and bottom 3 pairs
- Sleeping bag
- Sleeping bag liner
- Fleece
- Down jacket
- Water / wind proof jacket
- Gaiters
- Poncho
- Water proof gloves
- Gloves liner
- Hiking trousers
- Water proof trousers
- Hiking socks 1 pair per day
- Hiking boots
- Water bottle
- Camel back water bag
- Day pack
- Rucksack
- Rucksack cover
- Hiking poles
- Sun screen

Tipping Guidelines

Tip is not included in your tour price. Please find below our guidelines for tipping your mountain crew. The tip is shared amongst all climbers.

- Mountain Guide- \$20.00 per day
- 1 Porter / Waiter- \$7.00 to \$10.00 per day
- 1 Mountain Cook- \$15.00 per day



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