

PACKING LIST

Viva Africa Tours' packing list is a guide line only and a result of years of experience as a tour operator. We do not intend to cover a complete packing list. Any other items that you wish to pack feel free to pack. Some items on this list may not be necessary for your particular trip as our packing list refers to all our tours. What you will need to pack depends on what kind of trip you've chosen. Please consider carefully time of year that you plan to travel.

Travel Documents

- Passport
- Visas (you can also purchase at the airport)
- Travel vaccination certificates
- Travel insurance with insurer details, 24 hr emergency number and policy number
- Flight tickets
- Trip Confirmation with contact details from Viva Africa Tours
- Photocopies of important documents
- Spare passport photos
- International driving license if you plan to hire a car

Luggage + Clothes

- Sunglasses
- Daypack
- Easy transportable suitcase / backpack
- Sun hat
- Water + Windproof Clothes
- Warm Clothes (long)
- Light Clothes (short)
- Swim suit
- Night wear
- Sneakers
- Sandals/FlipFlops
- Towel
- Underwear and socks

Health & Hygiene

- First aid kit (including Aspirin/Paracetamol, Imodium (Anti-diarrhoea pills), Rehydration powder)
- Personal medication
- Malaria prophylaxis
- Insect repellent
- Glasses
- Contact lenses and solution
- Antibacterial gel/wipes
- Travel sickness tablets
- High protection sunscreen (25+)
- Lip balm
- After-sun moisturiser
- Toiletries
- Shaving equipment



Viva Africa Tours | P.O.Box 7292 | Moshi, Kilimanjaro, Tanzania

www.vivaafricatours.com | Email: info@vivaafricatours.com

Phone: +255 758 555 554



Camping

- Inner sleep sheet
- Travel pillow
- Sleeping bag (for Kilimanjaro Treks please bring one that is 4 seasons)
- Head torch

It's All About The Money

- Cash money (USD preferred, bank notes not older than 2001)
- Credit card
- Travellers' cheques (Note serial numbers & list emergency contact numbers - > keep separately from cheques)
- Money belt or pouch

Personal Items

- Alarm clock
- Ear plugs
- Binoculars
- Camera with spare memory card and charger
- Mobile phone and charger
- Small sewing kit and scissors
- (Swiss) army knife
- Tanzania guidebook
- Swahili phrasebook
- Portable games and/or card games
- Reading material
- Address book of friends and family
- Pen and Paper
- Travel Journal
- Adapter for Tanzania
- MP3 Player and Headphones

For Kilimanjaro trekking gear please have a look at our equipment list.



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